

# April 2019 Menu

Monday	Tuesday	Wednesday	Thursday	Friday
<b>Salisbury Beef~ 1</b> Brown Gravy Parslied Rice Rosemary Carrots Wheat Bread Fresh Apple	<b>Chicken 2</b> Quesadilla Casserole Pinto Beans Stewed Tomatoes Wheat Bread Ranger Cookie  <u>Shopping: Kroger</u>	<b>Swiss Steak~ 3</b> Oven Roasted Potatoes Catalina Vegetables Dinner Roll Cinnamon Swirl Pudding	<b>Three Cheese Ziti 4</b> Tossed Salad Sliced Carrots Wheat Bread Brownie Ranch Salad Dressing	<b>BBQ 5</b> Shredded Pork* Whole Kernel Corn Brussels Sprouts Hamburger Bun Fruited Lemon Gelatin
<b>Chicken Alfredo 8</b> Herbed Green Peas Country Tomatoes Wheat Bread Nutty Buddy Bar	<b>Beef Taco 9</b> Spanish Rice Refried Beans Flour Tortilla Fruited Orange Gelatin Taco Sauce  <u>Shopping: Wal-Mart</u>	<b>Baked Chicken 10</b> Thigh Chicken Gravy Scalloped Potatoes French Green Beans Wheat Bread Frosted Cake Chocolate Ice Cream 	<b>Turkey Breast 11</b> with Gravy Black-Eyed Peas Mixed Greens Corn Muffin Creamsicle Pudding Margarine	<b>Hamburger 12</b> Patty~ Lettuce/Tomato/ Onion Potato Wedges Hamburger Bun Oreo Cookies Mustard and Ketchup
<b>Beef Burgundy~ 15</b> Rice Pilaf Squash Medley Wheat Bread Fresh Apple	<b>Breaded 16</b> Chicken Patty~ Lettuce and Tomato Whole Kernel Corn Hamburger Bun Oatmeal Cookie Ketchup  <u>Shopping: El Rancho</u>	<b>Meatloaf~ 17</b> Tomato Gravy Garlic Whipped Potatoes California Vegetables Wheat Bread Fruited Lime Gelatin	<b>Diced Caesar 18</b> Chicken Pasta Florentine Parslied Carrots Kaiser Roll Caramel Vanilla Pudding	<b>Easter 19</b> Turkey Breast with Gravy Mashed Spiced Yams Italian Green Beans Dinner Roll Strawberry Swirl Pudding
<b>Turkey 22</b> Spaghetti Seasoned Cauliflower Country Tomatoes Breadstick Gingerbread Cookie	<b>Pork Carnitas* 23</b> Charro Beans Fiesta Vegetables Corn Tortilla Pineapple Pudding Taco Sauce  <u>Shopping: Albertson's</u>	<b>BBQ Chicken 24</b> Thigh Macaroni and Cheese Brussels Sprouts Texas Bread Fresh Orange	<b>Turkey Gumbo 25</b> Cajun Rice Spinach Saltine Crackers Fruited Strawberry Gelatin	<b>Hamburger Patty 26</b> Sliced Cheese Lettuce/Tomato/ Onion Tater Tot Casserole Hamburger Bun Apple Raisin Compote Mayo and Mustard
<b>Onion Pork 29</b> Patty* Delmonico PotatBeef Braised Carrots Dinner Roll Oatmeal Cream Cookie	<b>Teriyaki 30</b> Pineapple Chicken Fried Rice Japanese Vegetables Breadstick Fresh Apple	<b>Meal Program</b> Applicants must be 60 years or older and live in Dallas County. Applications are available at the front desk. 2 day advanced reservations required.	<b>Transportation</b> Applications are available at the front desk. <b>Grand Prairie                      Residents ONLY.</b> Call Grand Connection at 972-237-8546 to schedule. Available for Nutrition Program 60+.	If you have any questions regarding the Nutrition Program or Transportation, please contact: <b>Recreation Supervisor                      Edivina Cruz</b> at 972-237-4148 or ecruz@gptx.org.

**Lunch is served at noon.**

\* Contains Pork  
 ~ Contains Soy

# Wellness at The Summit

## Innovative Memory Care at Joe Pool Lake

**MAKING**  
*every*  
**DAY**  
*great*



“  
Oxford Glen  
caregivers are  
special & will  
always shine in  
my heart. God is  
smiling down  
on you!  
”

- 24-hour nursing
- Life engagement 7 days a week
- Exceptional staff-to-resident ratio
- Home-like environment
- Medication management



#106040

OxfordAtGrandPrairie.com | 2424 N Grand Peninsula Dr, Grand Prairie

# (214) 491-5155

**1st & 3rd Thursday | March 7 & 21 | 10:50am | B1**  
Interactive Discussion Group with Bob McIntosh

**Monday | April 8 | 11am | Dining Room**  
Nutrition Class: Benefits of Exercise

**Wednesday | April 10 | 10:30am | Wings**  
Commission on Aging: *Senior Safety w/ Officer Wood*

**Wednesday | April 10 | 11:45 am | Dining**  
**Birth**day Celebration -Wear your Summit T-shirt

**Wednesday | April 17 | 10:30am | Ballroom 1**  
Hora De Platica

**Thursday | April 11 | 11:30am | Dining Room**  
Easter Bonnet Contest

**Friday | April 19 | 2:00pm | Wings**  
Grandkid Movie • *Spider-Man: Into the Spider-Verse* •  
\$1 Kids • \$5 Adults • Members **FREE** with membership

**Sunday | April 21 | The Summit is CLOSED**

**Monday | April 22 | 11:00am | Wings**  
Love Yourself Presentation by Rikki Bett

**Thursday | April 25 | 10:30am | Conf Room**  
Advisory Council Meeting

Call **211** or visit **211.org**. A FREE and confidential service that helps you find local services for older adults. Get help with housing, utilities, crisis, assistance, health information, food, jobs, support, and veteran services.



**HAPPY EARTH DAY**  
April 22

Volunteer  
*Appreciation*



### Perks of being a Summit Volunteer:

- Volunteer Specialty Breakfast
- City-Wide Volunteer Dinner
- Free Registration on Select Trips
- Special Reserved trip to Prairie Lights
- Food/Beverage perks on shift
- Staff Appreciation Events:
  - Ice Cream Social, Brunches and more!
- Exclusive Summit Volunteer T-Shirt(s)



[www.facebook.com/thesummitgptx](http://www.facebook.com/thesummitgptx)

The City of Grand Prairie, Dallas Area Agency and HHS, does not discriminate on the basis of race, creed, color, sex, age, ancestry, national origin, religion, or handicap in services or employment. Call 1.800.Relay.Texas for assistance for hearing or sight impaired individuals.